



# Working with Shame in Psychological Assessment and in Psychotherapy

It is now recognized that shame is one of the most important and frequent client experiences in psychotherapy and psychological assessment, yet few mental health professionals and psychotherapists receive direct training in how to help their clients with shame. In this 3-day intensive workshop, Dr. Finn will review contemporary research about shame, outline a theory based in interpersonal neurobiology, and discuss implications for applied clinical work. He will show videotapes--of himself and other clinicians from the Therapeutic Assessment Institute--working with clients around shame, and will teach a number of specific, effective interventions that can help clients heal shame. At various points during the workshop, participants will work in small groups doing role plays of these shame interventions, but at no point will participants' personal issues be directly exposed. Finally, Dr. Finn will discuss shame in clinicians, and how it both limits our effectiveness and gives us empathy for our clients.

## **Presenter:** Stephen E. Finn

Fri, November 3, 2017 10:00a.m.~6:00p.m.

Sat, November 4, 2017 9:00a.m.~5:00p.m.

Sun, November 5, 2017 9:00a.m.~4:00p.m.

**Languages:** English with Japanese consecutive interpretation

**Location:** Urbannet Kanda Conference, Urbannet Kanda Bldg.  
3-6-2 Uchi-Kanda, Chiyoda-ku, Tokyo 1010047 JAPAN.

\*The location has been changed

**By train:** JR Kanda Station West Exit. Tokyo Metro Otemachi Station Exit A2.  
Tokyo Metro Kanda Station Exit 1.

## **Introduction to Therapeutic Assessment: Using Psychological Testing as Brief Psychotherapy in Tokyo**

Thu, November 2, 2017 10:00a.m.~6:00p.m.

Presenters: Stephen E. Finn, Noriko Nakamura,

and members of the Asian-Pacific Center for Therapeutic Assessment

**Languages:** English with Japanese consecutive interpretation

**Location:** Urbannet Kanda Conference, Urbannet Kanda Bldg.  
3-6-2 Uchi-Kanda, Chiyoda-ku, Tokyo 1010047 JAPAN.

\*The location has been changed

**By train:** JR Kanda Station West Exit. Tokyo Metro Otemachi Station Exit A2.  
Tokyo Metro Kanda Station Exit 1.



# To register

**Registration Deadline: Tue, October 24, 2017**

To register for the workshop, please contact the Secretariat ([asiancta@gmail.com](mailto:asiancta@gmail.com)) and give your 1)name, 2)affiliation, 3)mailing address, 4)tele phone, 5)email address and 6)workshop of your choice. You will receive a registration confirmation email with details of the event. Please pay your fee with cash at the door. If you don't receive the confirmation email within 2 weeks, please contact us at [asiancta@gmail.com](mailto:asiancta@gmail.com). Every psychotherapist is welcomed to attend this workshop.

## Course A

Workshop Title: :

**"Working with Shame in Psychological Assessment and in Psychotherapy" (November 3-5, 2017)**

- Early Registration: ~October 18, 2017: 49,000yen (Grad students: 25,000yen)
- Standard Registration: 56,000yen (Grad students: 27,000yen)

## Course B

Workshop Title: :

**"Introduction to Therapeutic Assessment: Using Psychological Testing as Brief Psychotherapy" (November 2, 2017)**

- Early Registration: ~October 18, 2017: 18,000yen (Grad students: 9,000yen)
- Standard Registration: 20,000yen (Grad students: 10,000yen)

## Course C

Workshop Title: :

**"Working with Shame in Psychological Assessment and in Psychotherapy" (November 3-5, 2017)**

**"Introduction to Therapeutic Assessment: Using Psychological Testing as Brief Psychotherapy" (November 2, 2017)**

- Early Registration: ~October 18, 2017: 64,000yen (Grad students: 32,000yen)
- Standard Registration: 73,000yen (Grad students: 37,000yen)

## The Presenters:

**Stephen E. Finn, Ph.D.**, founder of the Center for Therapeutic Assessment, is a licensed clinical psychologist in practice in Austin, Texas, USA, a Clinical Associate Professor of Psychology at the University of Texas at Austin, Senior Researcher and Director of Training at the European Center for Therapeutic Assessment at Catholic University of Milan, Italy, and Director of Training at the Asian-Pacific Center for Therapeutic Assessment in Tokyo, Japan. He has published 60+ articles and chapters on psychological assessment, psychotherapy, and other topics in clinical psychology, and is the author of *In Our Clients' Shoes: Theory and Techniques of Therapeutic Assessment* (Erlbaum, 2007) and *A Manual for Using the MMPI-2 as a Therapeutic Intervention* (1996, University of Minnesota Press). Dr. Finn also co-edited, with Constance Fischer and Leonard Handler, *Collaborative/ Therapeutic Assessment: A Casebook and Guide* (Wiley, 2012). In 2011 Dr. Finn was awarded the Bruno Klopfer Award from the Society of Personality Assessment for distinguished lifetime contributions to the field of personality assessment. In August 2017 he will receive the award for Distinguished Scientific Contributions to Assessment Psychology from Section IX (Assessment) of the Society for Clinical Psychology (Division 12 of the American Psychological Association). And he is the announced recipient of the 2018 Carl Rogers Award for an outstanding contribution to theory and practice of humanistic psychology from the Society for Humanistic Psychology (Division 32 of the American Psychological Association).



**Noriko Nakamura, M.A.** Clinical Director of the Asian-Pacific Center for Therapeutic Assessment is a clinical psychologist who has been working with psychological assessment and psychotherapy for over 30 years as co-director of the Nakamura Psychotherapy Institute. Ms. Nakamura is well known for practicing and applying Rorschach Feedback Sessions in her psychotherapy. Currently she serves as President of the International Rorschach Society (2014-) and on the Board of the international Therapeutic Assessment Institute. She was the founder and former President of the Japan Society for the Comprehensive System (2003-2014) and a professor at Soka Graduate University (2000-2005). Ms. Nakamura is the author of many publications on the Rorschach Comprehensive System and other topics in psychological assessment, and she lectures frequently around the world.



## Continuing Education Credit

This workshop qualifies for 19 hours of Type I CE credits for psychologists. The Society for Personality Assessment is approved by the American Psychological Association to sponsor continuing education for psychologists. SPA maintains responsibility for the program and its content.

## 【Sponsored by】

Asian-Pacific Center for Therapeutic Assessment

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